

If you still haven't booked your summer holiday yet, may we introduce you to Yoga Cruises? Housed on a luxe yacht in the middle of the Mediterranean near Turkey, you'll spend a week doing morning and evening yoga sessions, and spend the rest of the day lounging on the deck, swimming in the sea and going on

day excursions to local hotspots, like Turkish baths or ancient ruins.

Perfect for yogis of any level (yes, even beginners!), they have four sessions going out in September and one in October. All aboard!

From £800 for a week's room and board. For more details, see Yogacruise.net.